

The purpose of this questionnaire is to identify difficulties that you may be experiencing. Please answer every question, do not skip any questions. Follow the 0 to 4 key, and select which best fits for all of your answers.

KEY:

- 0 = I never have symptoms (0% of the time)
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- 3 = I frequently have symptoms (75% of the time)
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NAME:

DATE:

Dor	ntal lobe Prefrontal, solateral and Orbitofrontal eas 9, 10, 11, and 12)			L	.eve	el	
1.	Difficulty with restraint and controlling impulses or desires		0	1	2	3	4
2.	Emotional instability (lability)		0	1	2	3	4
3.	Difficulty planning and organizin	g	0	1	2	3	4
4.	Difficulty making decisions		0	1	2	3	4
5.	Lack of motivation, enthusiasm, interest and drive (apathetic)		0	1	2	3	4
6.	Difficulty getting a sound or melody out of your thoughts (Perseveration)		0	1	2	3	4
7.	Constantly repeat events or thoughts with difficulty letting go		0	1	2	3	4
8.	Difficulty initiating and finishing tasks		0	1	2	3	4
9.	9. Episodes of depression		0	1	2	3	4
10.	Mental fatigue		0	1	2	3	4
11.	Decrease in attention span		0	1	2	3	4
12.	Difficulty staying focused and concentrating for extended periods of time		0	1	2	3	4
13.	Difficulty with creativity, imagination, and intuition	R	0	1	2	3	4
14.	Difficulty in appreciating art and music	R	0	1	2	3	4
15.	5. Difficulty with analytical thought		0	1	2	3	4
16.	Difficulty with math, number skills and time consciousness		0	1	2	3	4
17.	Difficulty taking ideas, actions, and words and putting them in a linear sequence	L	0	1	2	3	4

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Kharrazian and Dr. Brandon Brock

Sup	ntal Lobe Precentral and plementary or Areas (Area 4 and 6)		Ĺ	.eve	əl	
18.	Initiating movements with your arm or leg has become more difficult	0	1	2	3	4
19.	Feeling of arm or leg heaviness, especially when tired	0	1	2	3	4
20.	Increased muscle tightness in your arm or leg	0	1	2	3	4
21.	Reduced muscle endurance in your arm or leg	0	1	2	3	4
22.	Noticeable difference in your muscle function or strength from one side to the other	0	1	2	3	4
23.	Noticeable difference in your muscle tightness from one side to the other	0	1	2	3	4
	ntal Lobe Broca's Motor Speech a (Area 44 and 45)		L	.eve	əl	
24.	Difficulty producing words verbally, especially when fatigued	0	1	2	3	4
25.	Find the actual act of speaking difficult at times	0	1	2	3	4
26.	Notice word pronunciation and speaking fluency change at times	0	1	2	3	4
and	etal Somatosensory Area Parietal Superior Lobule eas 3,1,2 and 7)		L	.eve	əl	
27.	Difficulty in perception of position of limbs	0	1	2	3	4
28.	Difficulty with spatial awareness when moving, laying back in a chair, or leaning against a wall	0	1	2	3	4
29.	Frequently bumping body or limbs into the wall or objects accidently	0	1	2	3	4
30.	Reoccurring injury in the same body part or side of the body	0	1	2	3	4
31.	Hypersensitivities to touch or pain perception	0	1	2	3	4



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	etal Inferior Lobule ea 39 and 40)			L	.eve	el	
32.	Right/left confusion	L	0	1	2	3	4
33.	Difficulty with math calculations	L	0	1	2	3	4
34.	Difficulty finding words	L	0	1	2	3	4
35.	Difficulty with writing	L	0	1	2	3	4
36.	Difficulty recognizing symbols or shapes	R	0	1	2	3	4
37.	Difficulty with simple drawings	R	0	1	2	3	4
38.	Difficulty interpreting maps	R	0	1	2	3	4
	poral Lobe Auditory Cortex eas 41, 42)			L	.eve	əl	
39.	Reduced function in overall hearing		0	1	2	3	4
40.	Difficulty interpreting speech with background or scatter noise			1	2	3	4
41.	Difficulty comprehending language without perfect pronunciation			1	2	3	4
42.	Need to look at someone's mouth when they are speaking to understand what they are saying		0	1	2	3	4
43.	Difficulty in localizing sound		0	1	2	3	4
44.	Dislike of left predictable rhythmic, repeated tempo and beat music L		0	1	2	3	4
45.	Dislike of non-predictable rhythmic with multiple instruments		0	1	2	3	4
46.	Noticeable ear preference when using your phone				, le ere		
	poral Lobe Auditory Association tex (Area 22)	ing.		L	eve	əl	
47.	Difficulty comprehending meaning of spoken words		0	1	2	3	4
48.	Tend toward monotone speech without fluctuations or emotions	R	0	1	2	3	4

	dial Temporal lobe and			L	_eve	el	1.2
HIP 49.	pocampus Memory less efficient	700	0	1	2	3	4
50.	Memory loss that impacts daily activities		0	1	2	3	4
51.	Confusion about dates, the passage of time, or place		0	1	2	3	4
52.	Difficulty remembering events		0	1	2	3	4
53.	Misplacement of things and difficulty retracing steps		0	1	2	3	4
54.	Difficulty with memory of locations (addresses)	R	0	1	2	3	4
55.	Difficulty with visual memory	R	0	1	2	3	4
56.	Always forgetting where you put items such as keys, wallet, phone, etc.	R	0	1	2	3	4
57.	Difficulty remembering faces	R	0	1	2	3	4
58.	Difficulty remembering names with faces	L	0	1	2	3	4
59.	Difficulty with remembering words	L	0	1	2	3	4
60.	Difficulty remembering numbers	L	0	1	2	3	4
61.	Difficulty remembering to stay or be on time (reduced left)	L	0	1	2	3	4
	sipital Lobe ea, 17, 18, and 19)			L	.eve	əl	
62.	Difficulty in discriminating similar shades of color		0	1	2	3	4
63.	Dullness of colors in visual field		0	1	2	3	4
64.	Difficulty coordinating visual inputand hand movements, resulting it an inability to efficiently reach out for objects	n	0	1	2	3	4
66.	Floater or halos in visual field		0	1	2	3	4



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		100 Table 1000		
	ebellum - Spinocerebellum	Level	82. Cramping of hands when writing 0 1 2 3	
67.	Difficulty with balance, or balance that is worse on one side	0 1 2 3 4	83. A stooped posture when walking 0 1 2 3	
68.			84. Voice has become softer 0 1 2 3	3 4
68.	A need to hold the handrail or watch each step carefully when going down stairs	0 1 2 3 4	85. Facial expression changed leading people to frequently ask if you are 0 1 2 3 upset or angry	3 4
69.	Feeling unsteady and prone to falling in the dark	0 1 2 3 4	Basal Ganglia Indirect Pathway Level	OT THE RANGE OF
70.	Proness to sway to one side when walking or standing	0 1 2 3 4	86. Uncontrollable muscle movements 0 1 2 387. Intense need to clear your throat	
	ebellum - Cerebrocerebellum	Level	regularly or contract a group of 0 1 2 3 muscles	3 4
71.	Recent clumsiness in hands	0 1 2 3 4	88. Obsessive compulsive tendencies 0 1 2 3	3 4
72.	Recent clumsiness in feet or frequent tripping	0 1 2 3 4	89. Constant nervousness and restless mind 0 1 2 3	3 4
73.	A slight hand shake when reaching for something at the end of movement	0 1 2 3 4	Autonomic Reduced Parasympathetic Activity Level	
Cer	ebellum - Vestibulocerebellum	Level	90. Dry mouth or eyes 0 1 2 3	3 4
74.	Episodes of dizziness or disorientation	0 1 2 3 4	91. Difficulty swallowing supplements or large bites of food 0 1 2 3	3 4
75.	Back muscles that tire quickly when standing or walking	0 1 2 3 4	92. Slow bowel movements and tendency for constipation 0 1 2 3	3 4
76.	Chronic neck or back muscle		93. Chronic digestive complaints 0 1 2 3	3 4
'	tightness	0 1 2 3 4	94. Bowel or bladder incontinence	
77.	Nausea, car sickness, or sea sickness	0 1 2 3 4	resulting in staining your 0 1 2 3 underwear	3 4
78.	Feeling of disorientation or shifting of the environment	0 1 2 3 4	Autonomic Increased Sympathetic Activity Level	
79.	Crowded places cause anxiety	0 1 2 3 4	95. Tendency for anxiety 0 1 2 3	
	al Ganglia Direct Pathway	Level	96. Easily startled 0 1 2 3	
80.	Slowness in movements	0 1 2 3 4	97. Difficulty relaxing 0 1 2 3	
81.			98. Sensitive to bright or flashing lights 0 1 2 3	
	(not joints) that goes away when	0 1 2 3 4	99. Episodes of racing heart 0 1 2 3	
	you move		100. Difficulty sleeping 0 1 2 3	3 4



The purpose of this questionnaire is to identify difficulties that you may be experiencing. Please select yes or no.

Have you ever been diagnosed with a seizure disorder? Have you ever been diagnosed with epilepsy? Have you ever been told that you seemed frozen, absent, or tuned out at times without any recollection of the event? Have you ever experienced sudden muscle stiffness and rigidity throughout your body? Have you ever experienced sudden muscle jerks throughout your body? Have you ever experienced a total loss of your muscle tone that lead to loss of control of your muscles or a fall? Have you ever been told that you stare into space while you're lip smacking, chewing, or fidgeting that you are not aware of? Do you ever experience sudden emotional responses such as anxiety, sadness, cry, or laugh for no real reason? Do you ever experience sudden racing heart rate, sudden loss of bladder function, intestinal spasm, respiration, sweating, or any other sudden changes of function? Do you ever experience sudden involuntary muscle contractures or jerks in any individual parts of your limbs or face? Do you ever experience sudden involuntary head rotation and your eyes move forcefully to one side? Yes / No you ever experience sudden involuntary shift in your eyes to the side or upwards? Po you ever experience any spontaneous sensations of tingling, pins and needles" numbness		
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		Yes / No
Do you ever experience a ringing sensation in your ears (tinnitus), sounds, or voices spontaneously? Yes / N	Do you ever experience a ringing sensation in your ears (tinnitus), sounds, or voices spontaneously?	Yes / No
Do you ever experience spontaneous perception of smells such as burning rubber, foul smells, or other odors without finding the source of the odor?		Yes / No
Do you ever experience flashing lights, stars, or jagged lines in your visual field? Yes / N	Do you ever experience flashing lights, stars, or jagged lines in your visual field?	Yes / No

SIGNATURE:	DATE: